

**THE AMERICAN COLLEGE OF GREECE
SUMMER CAMP MENU 2011**

WEEKS 1&3&5

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING 10:30	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
LUNCH 12:30	Penne with Carbonara Sauce	Hamburger with Lettuce and Tomato	Turkey & Cheese in Arabic Pita with light mayonnaise, shredded lettuce or diced tomato	Roasted Chicken with Potatoes	Pizza with Ham, Cheese, Tomatoes & Peppers
	Greek Salad with Feta	Potato Salad	Tomato and Cucumber Salad with olive oil & vinegar	Tomato and Cucumber Salad with olive oil & vinegar	Shredded Carrot Salad with lemon/olive oil dressing
	Summer fruit	Fruit Salad	Jello	Summer fruit	Creme Caramel
BREAK 14:20	Sandwich and Low-Fat Chocolate Milk	Ice Cream	Sandwich and Low-Fat Chocolate Milk	Ice Cream	Sandwich and Low-Fat Chocolate Milk

WEEKS 2&4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING 10:30	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
LUNCH 12:30	Chicken & Mashed Potatoes	Pastitsio	Pork Souvlaki with Rice	Meatballs with sause and french fries	Homemade Cheese Pie
	Tomato and Cucumber Salad with olive oil & vinegar	Greek Salad with Feta	Green Salad	Greek Salad with Feta	Tomato and Cucumber Salad with olive oil & vinegar
	Jello	Summer fruit	Jello	Summer fruit	Creme Caramel
BREAK 14:20	Sandwich and Low-Fat Chocolate Milk	Ice Cream	Sandwich and Low-Fat Chocolate Milk	Ice Cream	Sandwich and Low-Fat Chocolate Milk